

Moving Supplies Checklist

Check off items as you pack. Bring this on moving day.

Boxes & Containers

- ☐ Small boxes
- ☐ Medium boxes
- ☐ Large boxes
- ☐ Wardrobe boxes
- ☐ TV / mirror / dish boxes

Cushioning & Protection

- ☐ Bubble wrap
- ☐ Packing paper
- ☐ Packing peanuts
- ☐ Stretch wrap
- ☐ Furniture pads
- ☐ Moving blankets
- ☐ Mattress bags
- ☐ Plastic sheeting

Tape & Cutting Tools

- ☐ Packing tape
- ☐ Shipping tape
- ☐ Painter's tape
- ☐ Tape dispenser
- ☐ Scissors
- ☐ Utility knife

Labeling & Organization

- ☐ Permanent markers
- ☐ Labels (pre-printed or blank)
- ☐ Color stickers (room-coding)
- ☐ Inventory notebook or spreadsheet

Moving Equipment

- ☐ Dolly / hand truck
- ☐ Furniture sliders
- ☐ Ratchet straps
- ☐ Rope / bungee cords
- ☐ Furniture lifting straps (optional)

Cleaning & Safety

- ☐ Work gloves
- ☐ First-aid kit
- ☐ Multi-surface cleaner / wipes
- ☐ Paper towels / rags
- ☐ Broom / dustpan
- ☐ Trash bags

Essentials Box (First 24 Hours)

- ☐ Toiletries & toilet paper
- ☐ Medications
- ☐ Phone & device chargers
- ☐ Change of clothes
- ☐ Snacks & water
- ☐ Basic tools

Optional & Specialty

- ☐ Padlocks
- ☐ Ziplock bags (for screws/bolts)
- ☐ Measuring tape
- ☐ Disc lock (for storage)
- ☐ Eco supplies (biodegradable peanuts, reused paper)

Timeline To-Do

- ☐ 2–4 weeks: Order boxes and supplies
- ☐ 2–4 weeks: Gather tools and equipment
- ☐ 2–4 weeks: Start packing non-essentials
- ☐ 1 week: Label boxes and prep fragile items
- ☐ 1 week: Disassemble furniture and bag hardware
- ☐ Moving day: Keep essentials box and dolly handy
- ☐ Moving day: Load heavy boxes first
- ☐ After move: Unpack key rooms first
- ☐ After move: Recycle or donate boxes
- ☐ After move: Quick clean of new space